

## Dr. Alan R. Graham, Ph.D., PCC, MCAC

As a key coach, therapist, educator, author, and lecturer, Dr. Graham R. Graham, Ph.D., has over three decades of experience helping executives and their organizations plus thousands of children, adolescents, adults, and their families, many with ADHD and ASD, navigate life's challenges, and gain the tools they need to effectively manage their lives. Initially trained as a secondary and elementary school teacher, Dr. Graham furthered his education by earning his Ph.D. in psychology at Northwestern University and completing his clinical training at the University of Illinois at Chicago and Illinois Masonic Medical Center in Chicago. Dr. Graham was trained in the use of the Autism Diagnostic Observation Schedule (ADOS-2) by its creator, Catherine Lord, PhD at the University of Michigan. On the professional staff at Advocate Lutheran General Hospital, he has taught graduate courses in assessment and trained many medical students, psychiatric residents, and psychology and social work students. Dr. Graham also led a discussion group about positive psychology as part of MentorCoach and Dr. Martin Seligman's Authentic Happiness Coaching Program.



Dr. Graham's experience is unique in that he has worked with executives at the highest levels of organizations and with difficult children, adolescents, adults, and their families in therapeutic day schools, inpatient, outpatient, and coaching settings. While creating his group practice, ACP Consultants, he also held the position of adjunct professor at the University of Illinois School of Medicine and the Illinois School of Professional Psychology. At the same time, Dr. Graham founded and led a psychology department at a local psychiatric hospital.

Dr. Graham's executive coaching and consulting experiences have included contributing to the success of many individuals and organizations. His clients include many large and small organizations such as Deloitte Consulting, W. Wrigley & Co., Leo Burnett, Abbott Labs, PNC Bank, Zebra Technologies, Exelon, Owens-Illinois, Vanguard, Scoular, and LaSalle Network. Dr. Graham's coaching specialties include working with executives with business and organizational challenges; and adults, teens, and parents impacted by ADHD and/or ASD.

As a way of giving back to the profession, Dr. Graham has served as the chair of the steering committee for the American Psychological Association Psychology in the Workplace Network (PWN). Dr. Graham also served on the Editorial Board of The Journal of Attention Disorders and was on the board of the Professional Association of ADHD Coaches (PAAC). It is in this spirit of service that, with Dr. Bill Benninger, Dr. Graham created ADDvisor.com as a way to share practical information with families and individuals who live with ADHD every day. For six years, ADDvisor.com was honored by CHADD as an Innovative Practice at the CHADD national conference.

Recognized for his work by peers and clients alike, Dr. Graham presents and writes on business, coaching, and leadership issues, positive psychology, ADHD, and child and family issues throughout the United States and internationally. He is the lead author of *Lemonade: The Leader's Guide to Resilience at Work*, published in 2012. Dr. Graham co-authored the RAW-A, the Resilience at Work Assessment which has been taken by close to 3000 leaders worldwide. Dr. Graham's current edited book is entitled: *The Guide to ADHD Coaching: How to Find One and What to do When You Get One*. Dr. Graham is married and has three adult children and two grandchildren.